



Executive Head Teacher: Andrew Smith B.Ed (Hons), M.Sc, NPQH

Head of School: Nichola Allerston BA (Hons)(QTS), NPQH

Market Rasen Church of England Primary School (VC)

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www.marketrasen.lincs.sch.uk

Learning Together for Life

Thursday 9th March 2017

Dear Parent/Carer,

This letter is to formally invite you to one of the following consultations to discuss our Packed Lunch Policy.

As a school with our own kitchen we have to follow the mandatory school food standards. Whilst the food we provide to children from our own kitchen is compliant, we are concerned that some children bring in packed lunches that are unhealthy. Examples of this include sugary drinks, multiple packets of crisps, confectionary and children with no fruit, salad or vegetables.

This is problematic in terms of childhood obesity and dental health. Some studies have also linked poor diet to poor behaviour.

As a result the School and Governors are committed to creating a new Packed Lunch Policy that puts our children’s wellbeing first. We are committed to consulting with parents to ensure we get the balance right between children’s health and parental choice. We will also be looking for ways that we can help parents provide healthy choices for children.

We would like your help in developing this new policy and as such we are offering three opportunities for you to attend this consultation. This way we hope that there will be a time that you will be able to attend. The times are as follows:

- Thursday 23rd March 9:00am-10:00am
- Thursday 23rd March 2:00pm-3:00pm
- Thursday 23rd March 4:30pm-5:30pm

The outcomes of these consultations will shape the policy that we will launch in the near future, therefore if you have a strong opinion we very much would encourage you to attend. After the consultation has been completed the new policy will be written and presented to Governors for approval.

Yours sincerely
Mr D Toothill
Teacher of Physical Education

Packed Lunch Consultations

I will attend the consultation on the Packed Lunch Policy at the following time:

- Thursday 23rd March 9:00am-10:00am
- Thursday 23rd March 2:00pm-3:00pm
- Thursday 23rd March 4:30pm-5:30pm

Parent’s Name..... Child’s Name/Class.....

Our Key Values: Caring, Honesty, Commitment to Achieve, Fairness, Co-operation, Respect





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