



Executive Head Teacher: Andrew Smith B.Ed (Hons), M.Sc, NPQH
Head of School: Nichola Allerston BA (Hons) (QTS), NPQH

Market Rasen Church of England Primary School (VC)

Mill Road, Market Rasen, Lincolnshire, LN8 3BL

T: 01673 842395 F: 01673 843866 E: enquiries@marketrasen.lincs.sch.uk

www.marketrasen.lincs.sch.uk

Learning Together for Life

Thursday 13th February 2020

Dear Parent/Carer

School Run

I am writing to invite you and your family to a School Run Event!

The idea of this event is exactly the same as other events that you have seen taking place around the country under the name of Park Run. We would like to invite you and your family once a month to join our school community to run, walk or jog around our school grounds and cover as many or as few laps as you would like.

As you are aware the rising obesity rates in children and adults is a very real problem in modern society. In West Lindsey the percentage of children leaving Primary School as obese is 20% and the obesity rate in adults is 68%. I'm sure you will agree these numbers are scary, but there is a lot that can be done to help this problem whilst also having fun!

The first School Run will be held on the Tuesday 3rd March after school from 3:20 until 4:20pm. To register your interest, please complete the slip below and return it to school. On the day of the event, please sign in at the organiser's desk then complete as many laps as you want with your family. When you have finished, please sign out again.

Every entrant will receive a slip to track their own laps which you can keep. If this is as successful as we hope then you can track your own progress and keep a record of your families achievements

We believe that as well as making a great life choice this is also a brilliant opportunity to share time with family and support one another in a healthy and positive way. We also hope to encourage some of our teaching staff to join us!

Please note that all children attending this club will need to be accompanied by an adult unless they are already a member of the school Cross Country club.

Yours sincerely

Mr D Toothill
PE Teacher

School Run - Tuesday 3rd March 2020

I would like to participate in the School Run.

I will bring..... members of my family (number)

Any other information that you feel that we should be aware of –

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Our Key Values: Caring, Honesty, Commitment to Achieve, Fairness, Co-operation, Respect





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