



Learning Together for Life

**Executive Head Teacher:** Nichola Allerston BA (Hons) (QTS), NPQH  
**Head of School:** Sam Briston BSc (Hons) (QTS)

**Market Rasen Church of England Primary School (VC)**  
Mill Road, Market Rasen, Lincolnshire, LN8 3BL  
T: 01673 842395 E: [enquiries@marketrasen.lincs.sch.uk](mailto:enquiries@marketrasen.lincs.sch.uk)  
**Website:** [www.marketrasen.lincs.sch.uk](http://www.marketrasen.lincs.sch.uk) **Facebook:** North Wolds Federation

Thursday 23<sup>rd</sup> April 2026

Dear Parents / Carers of Year One children

### **RSE Lessons – Summer Term 2026**

As you are aware, we use the JIGSAW program to teach Personal, Health and Social Education (PSHE). Part of JIGSAW's PSHE for the summer term focuses on Relationships and Sex Education (RSE). Maintained primary and secondary schools are legally obliged to have an up-to-date RSE policy that describes the content and organisation of RSE taught outside science in the National Curriculum. The statutory guidance for Relationships and Health Education for primary schools and RSE and Health Education for secondary schools (commonly jointly referred to as RSHE), came into compulsory effect from Sept 2020.

**Please note that JIGSAW's teaching of RSE starts from Year 1 onwards offering children increasing levels of information as they move towards Year 6.**

As your child has not been taught the Jigsaw RSE lessons yet, we wanted to make you aware of the content for Year 1:

**Identify the parts of the body that make boys different to girls and use the correct names for these.  
Respect my body and understand which parts are private.**

As the pupils have not worked with JIGSAW RSE materials before this year, we will be doing some extra preparation with pupils for next term's lessons. As ever, we will be sensitive to the needs of the pupils we teach and take their age and maturity into consideration. We will teach some parts of the RSE curriculum with boys and girls together and at other times, separately. The RSE lessons will be one or two lessons over the term.

For further information on the teaching of RSE and examples of planning, the website is [www.jigsawpshe.com](http://www.jigsawpshe.com)

Please don't hesitate to come and see me if you would like to look at the materials or discuss the scheme further.

Yours sincerely

Nichola Allerston  
Executive Head Teacher

**Our Christian Values: Caring Honesty Commitment to Achieve Fairness Co-operation Respect**

