

## Healthy Treats

An opportunity for mums, dads, grandparents and carers to join Helen on this Family Learning activity workshop as she shares her healthy recipes that make feeding kids fun. Resources for the activities are provided.

**Do you want to have new healthy recipes for your family?**

**Want some simple ideas you can do together at home?**

**Would you like to work with other adults and gain new skills?**



### Activity Workshop Details

**Date: Wednesday 14th June**

**Time: 1pm- 3pm**

**Venue: Market Rasen CofE Primary School**

**Contact: Nichola Allerston for more information and to book your place.**

**[nichola.allerston@marketrasen.lincs.sch.uk](mailto:nichola.allerston@marketrasen.lincs.sch.uk)**

**You may be eligible to apply for childcare or travel costs.**

**Please contact school staff for more information.**

Our workshop share ideas to support your child with fun learning opportunities. An adult-only session is part of the course as well as quality time enjoying activities with your child. There is no cost, please bring ID for funding purposes. You need to be eligible for UK