



Executive Head Teacher: Andrew Smith B.Ed (Hons), M.Sc, NPQH

Head of School: Nichola Allerston BA (Hons)(QTS), NPQH

Market Rasen Church of England Primary School (VC)

Mill Road, Market Rasen, Lincolnshire, LN8 3BL

T: 01673 842395 F: 01673 843866 E: enquiries@marketrasen.lincs.sch.uk

www.marketrasen.lincs.sch.uk

Learning Together for Life

Tuesday 12th May 2020

Dear Parent/Carer,

I hope that you are keeping safe but also active during this period of isolation. As well as keeping us physically fit many people find that physical activity helps them to maintain positive mental health which is also incredibly important. I have seen that many of you are completing the P.E fitness and skills challenges each day and this is great to see. Remember that the governments agenda is to perform on average 60 minutes of physical activity a day.

If you are like me, competition is a great motivator when it comes to physical activity and throughout the normal school year, we would attend many sporting competitions which is obviously not possible at the moment. However, the School Sports Partnership (SSP) have come up with a great alternative!

Attached are instructions regarding several virtual competitions that the SSP have put together for our children to enter. Currently it is a Cricket skills event and will run until 22nd May.

1. This is a solo event
2. Watch the videos in the link below for demonstrations on what to do.
3. Have a go at the challenges as many times as you wish and record your best scores.
4. Ask someone to video you and include at least one cricket skill clip as evidence in your entry

Further information about how to register and submit your entry can be found on the attached form. As this is an online competition also attached to this email is information regarding safeguarding of your children when entering. Please make sure that you read and follow this information to keep you children safe online.

If you have any questions or require any further information then do not hesitate to email me.

Stay Safe.

Mr Daniel Toothill
Teacher of Physical Education

Our Key Values: Caring, Honesty, Commitment to Achieve, Fairness, Co-operation, Respect



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