

# Planning my journey to secondary school

## How am I getting to my new school?

NAME

ADDRESS

NEW SCHOOL

METHOD OF TRAVEL TO NEW SCHOOL

### Walking or Biking - What to consider

- Will the roads I use have heavier traffic at this time of day?
- Will there be more vehicles parking on the roadside, which may block my view whilst crossing?
- Are there some safe road crossing points that I could use even if I have to walk slightly further?
- How long will my journey take?



USE THIS SPACE TO DRAW A MAP OF YOUR ROUTE

### TOP TIPS

- It's a good idea to practise the route at least once before starting school.
- If possible try the route in different weather conditions.
- Carry a bag similar in weight to your schoolbag to see if that slows you down.
- Add a few extra minutes onto your journey time just in case of a hold up.

MY JOURNEY TIME IS

I NEED TO SET OFF AT



## REMEMBER:

**“NEVER CROSS THE ROAD IN FRONT OF OR BEHIND A BUS. WAIT UNTIL IT MOVES OFF BEFORE CROSSING.”**

### WHAT ARE HAZARDS?

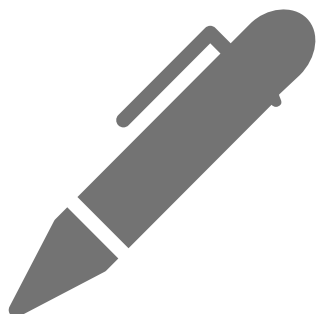
A hazard is something that could potentially cause us harm.

Examples of hazards could be:

- Traffic.
- A vehicle parked.
- Bikes riding on the path.
- A friend distracting us.

### EXERCISE

Write a list of all the potential hazards that you may come across on your school journeys and what steps you could take to prevent them causing you harm.



## TRAVELLING BY BUS TO SCHOOL

My bus stop is \_\_\_\_\_

The bus leaves the stop

at \_\_\_\_\_

The cost of my journey will be \_\_\_\_\_

(if this applies to you)

The route number and bus company is \_\_\_\_\_

(don't worry if you don't know this yet)

The bus leaves for the return journey at \_\_\_\_\_

- Make sure that you are at the bus stop five minutes before the time on the timetable.
- Do you know what time you will need to get up and leave home to catch the bus?
- How are you going to stay safe whilst travelling on the bus? Try to think of three suggestions?

### Exercises

A) Which of the following things may distract me on any journey to or from school? (tick all that apply to you)

Listening to music

Phone calls

Friends talking to me

Phone apps or games

Cars going past

Seeing people I know

Being in a hurry

Thinking about school work

Being excited about getting home

Other \_\_\_\_\_

B) How am I going to ensure that I am not distracted on my journey?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_