



Department
for Education



Rediscover Summer activity booklet

Activities for primary school age children to do
with parents, friends and family at home and
outside this summer

July 2021

Rediscover Summer activity booklet

The Rediscover Summer home activity booklet provides primary school age children with free and fun ideas and activities to do, both at home and outside, with friends and families this summer.

It aims to inspire children and families to get out and about, and make the most of the summer safely. With this in mind, some of the activities may, depending on the age of the child, need the help or permission of a grown-up to ensure they can be enjoyed in a safe way.

We have left it to parents' and carers' discretion, to decide which activities would be best done accompanied, based on the needs of their child.

How it works

The 6 themes of summer

The activities in the activity booklet are organised into 6 themes:

- reading
- sport
- creativity
- nature
- heritage
- community

The themes coincide with the 6 weeks of the [Rediscover Summer](#) campaign, and have been selected to encourage children to:

- re-engage in activities that they may have missed out on last summer
- develop new interests and experiences
- reconnect safely with friends, families and loved ones this summer.

Reading

Escape into your imagination

this summer, by rediscovering reading

1. Go on a hunt for some insects or small creatures and read about your favourites online.
2. Write a weather report and read it aloud to your family or friends.
3. Read a book and draw a picture of your favourite character.
4. Read a poem and then write one of your own.
 - What is your favourite thing about both poems?
5. Read a comic strip then create one of your own.
 - What was it about and why?
6. Keep a diary for a week.
 - What was your favourite thing you did that week and why?

Creativity

From art, to music, to drama...

there are lots of ways to rediscover your creativity this summer

1. Be a pirate for the day.
 - Can you dress up like a pirate and make a treasure map that will take you to your favourite toy?

2. With the help of a friend or family member, build a den.
 - Can you make it big enough for you to both fit in?

3. Make a puppet, and perform a puppet show for your friends or family.

4. Paint a self-portrait and a portrait of a friend or family member.
 - Which one looks most alike?

5. Create a piece of art using things you can find outside.
 - Can you use leaves, feathers, twigs and grass to make something?

6. Plan and cook a meal for your friends or family.
 - What was your favourite part of the meal?

Sport

Have fun playing and getting active

this summer by rediscovering sport

1. Practise doing cartwheels or forward rolls.
 - How many can you do in a row?

2. Plan a race and run it with your family or friends.
 - Who came first?

3. Try yoga.
 - Which pose did you find the hardest?
 - Which pose did you find the most fun?

4. Have a go at skipping with a skipping rope.
 - How many skips can you do in 60 seconds?

5. Do 15 minutes of running or jogging, at your own pace.
 - How did you feel afterwards?

6. Visit a local park or a safe open space to play a ball game or tag with friends or family.

Nature

Engage with the outdoors this summer, by rediscovering nature

1. Find a pond and try to identify what is in it.
 - How many different things can you see?

2. Go bird watching and see how many birds you can see.
 - Which one was your favourite?

3. Try to find a stone or a fossil and, using paper and a crayon, produce a rubbing of it.

4. Walk alongside a local river or through a park forest.
 - How many different animals can you spot on the way?

5. Volunteer to plant flowers in a neighbour's or community garden.

6. Stay up late enough to see the sunset.
 - What did it look like?
 - How did it make you feel?



Heritage

*Go on an adventure this summer,
by rediscovering your local heritage*

1. Look up where you live on a map.
2. Walk to a local landmark.
 - What does it look like?
 - Can you find out why it's there?
3. Try making a sculpture of a local landmark using things you can find at home.
4. Visit a local museum and write down the five best things that you saw there.
5. Find out five interesting facts about where you live and present them to your family.
6. Choose five objects to put into a time capsule, make a record of them, and bury your capsule.
 - Why did you pick the objects that you did?
 - What do you think someone in the future would think of them if they found them?

Community

Have fun getting in touch with local culture and exploring your local area this summer, by rediscovering your local community

1. Take a photograph of the street where you live.
2. Visit your local library.
 - What were your favourite things about you visit?
3. Try writing a short letter to a friend or relative and posting it.
4. Cook a meal from another culture or country.
 - How did it taste?
5. Learn a sentence from another language.
 - What is your favourite thing about how it sounds?
6. Help clean up your local park by litter picking.

Well done on completing the Rediscover Summer activity booklet!

We hope you enjoyed completing all the activities and ideas in the Rediscover Summer activity booklet.

For more information on fun and inspiring activities taking place, for the whole family to enjoy this summer, please visit the [Rediscover Summer guide](#), where you can find out more about the opportunities on offer nationally and in your local area.

Catch-up summer activities for children

The Department for Education has also launched a [new education catch-up](#) information site. This is designed especially for parents to support children of all age ranges and abilities to catch up on lost learning and make the most of the summer. The website offers a wealth of information on catch-up programmes and fun activities across England for children and young people aged 0 to 19 to take part in this summer as well as advice and support for parents.

The logo features the word "REDISCOVER" in a bold, black, sans-serif font. Below it, the word "Summer" is written in a large, orange, cursive script font. The text is centered within a white circle that has a sunburst effect, with numerous short, black, dashed lines radiating outwards from the top and bottom edges of the circle.

REDISCOVER
Summer