



Executive Head Teacher: Andrew Smith B.Ed (Hons), M.Sc, NPQH

Head of School: Nichola Allerston BA (Hons)(QTS), NPQH

Market Rasen Church of England Primary School (VC)

Mill Road, Market Rasen, Lincolnshire, LN8 3BL

T: 01673 842395 F: 01673 843866 E: enquiries@marketrasen.lincs.sch.uk

www.marketrasen.lincs.sch.uk

Learning Together for Life

Friday 7th January 2022

Dear Parents/Carers

Head Teacher Newsletter January 2022

Happy New Year from everyone at school!

This newsletter will give you some important information about this term.

Covid19 Updates

Thank you to everyone for helping us keep everyone safe by ensuring you are following the current guidance regarding actions to take in the case of suspected Covid19 cases. We are aware of the rising cases in the community and appreciate your help and support.

As ever, if your child is displaying symptoms, please book a PCR test for them. You can visit a testing site or order online. We have a small supply of tests if you are unable to access them any other way.

You will probably be aware of a couple of recent changes:

Isolation period – This has now changed to potentially seven days rather than ten. If you have a positive result, you can now LFT test on days six and seven. Providing the test results are negative, you can now complete your isolation after this and your child can return to school on day eight.

LFT and PCR tests – From Tuesday 11th January, Covid testing rules are to be eased for people without symptoms, who will no longer need to confirm a positive lateral flow test with a PCR.

Under the new guidance, anyone who receives a positive lateral flow test result should report their result on gov.uk and must self-isolate immediately, but will not need to take a follow-up PCR test.

After reporting a positive test result, you will be contacted by NHS Test and Trace so that your contacts can be traced.

Anyone who tests positive will be able to leave self-isolation seven days after the date of their initial positive test if they receive two negative lateral flow test results, 24 hours apart, on days six and seven.

If you display the recognised symptoms – temperature / cough / loss of taste or smell, you still need to isolate and book a PCR test.

Staffing

Mrs Barnes is leaving us to move on to a new role and we would like to wish her luck with her new job. Mrs Barnes has been with us since we opened our kitchen and she has been integral to the success of our school lunches over the past few years. She will be greatly missed but we look forward to still seeing her in the playground.

Our Key Values: Caring, Honesty, Commitment to Achieve, Fairness, Co-operation, Respect





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Packed Lunches.

A number of children are bringing in squash and fruit drinks in their packed lunches. Please be aware that for health reasons we are a water only school therefore only water should be provided with packed lunches unless there is a medical reason that has been agreed with Mrs McGagh. The only exception to the water only rule is milk. There is water available in the hall every day that all children can enjoy.

A copy of our packed lunch is available on our website but we would like to remind you of the following:

Packed lunches may include:

- At least one portion of fresh fruit and or vegetables
- Meat, fish or other source of non-dairy protein (e.g. lentils, chick peas, hummus)
- A sandwich that includes a savoury filling (e.g. egg, tuna, cheese, cooked meat)
- A starchy food such as bread, pasta, rice, noodles
- Dairy food such as cheese, yogurt, fromage frais
- A smoothie or yogurt drink
- Cereal bars (not chocolate)

Packed Lunches **must** include at least one portion of fruit or vegetables

The following items are allowed in packed lunches but should only be included in moderation. You may want to consider only sending these items in one day per week. No more than one of the following should be provided each day.

- Crisps or similar snacks: Please consider low fat or low salt varieties.
- Chocolate covered biscuits: For example Penguins, Kit Kats
- Pre-packed foods: Lunchables etc
- Cake bars: Please consider lower fat and sugar varieties
- Chocolate flavoured yogurt/Mousse etc, Please consider lower fat and sugar varieties

The following items **should not be provided** and will be taken off the children (if they bring them in to school regularly) and returned to parents. We would never let children go hungry. If your child requires additional food as a result we will provide food that falls in line with school policy and may need to charge parents/carers for the provision of this food.

- Confectionery such as chocolate bars (Mars, Snickers, Milky Way etc) and sweets. (Because of the high sugar content.)
- Sausage rolls and pies / pasties. (Because of the high fat content.)
- Chocolate spread as a filling for sandwiches (Because of the high fat and sugar content.)
- Sugared / toffee and salted popcorn (Because of the high sugar content.)

School Places for September 2022

The closing date for applications for school is on the 15th January 2022. If you have a child that is due to start school in September 2022, please follow this link <https://www.lincolnshire.gov.uk/school-admissions/apply-school-place> If you need any help to apply please let us know.

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Updated Safeguarding Policy

The Local Authority have updated their child protection and safeguarding policy therefore we have updated ours to reflect these changes. The new version was approved by Governors at their last meeting and it is available on the school website.

School Uniform

It is lovely to see all of the children back to school looking smart in their uniforms. Can we please ask that if your child wears boots or trainers to school due to weather conditions they have a pair of black school shoes to change into. Please could they bring a bag to put their boots in for when they change them.

Adverse Weather

In the unlikely event that we have to close the school due to snow we will notify you via our school website, twitter feed (@northwoldsfed) and the [Lincs FM website](#).

Behaviour Policy

All schools are required to annually make parents aware of the whole school behaviour management policy. In our last full Ofsted Inspection behaviour and safety was judged to be outstanding. To view our behaviour policy please visit our website www.marketrasen.lincs.sch.uk

Extra-Curricular Activities

We are hoping to be able to run after school clubs this term. Further information regarding after school activities will follow in a separate letter.

As ever, please don't hesitate to contact us if you have a query over any aspect of your child's education.

Yours sincerely

Nichola Allerston
Acting Executive Headteacher

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Important Dates

We try to give parents as much notice as possible for events happening in school. Please find below important dates for Terms 3 & 4.

Term 3

4 th	January 2022	Start of Term 3
7 th	January 2022	Curriculum newsletters out
14 th	January 2022	Termly reports out
8 th	February 2022	Safer Internet Day
11 th	February 2022	End of Term 3

Term 4

21 st	February 2022	Start of Term 4
25 th	February 2022	Termly reports out
4 th	March 2022	World Book Day
16 th	March 2022	Parents Evening (3:30-7:00pm)
17 th	March 2022	Parents Evening (3:30-7:00pm)
25 th	March 2022	Mother's Day Service (9.30 KS1 / 1.30 KS2) St Thomas' Church
30 th	March 2022	Year3 /4 Easter Show (9.30am and 2.00pm)
31 st	March 2022	End of Term 4
1 st	April 2022	INSET Day
Wk bg: 11 th	April 2022	Y6 Easter School (11 th -14 th)

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